

**NATIONAL ONLINE YOGA CHAMPIONSHIP - 2023**  
**Winners**

<b>Prize</b>	<b>Category 5 to 8 - Men</b>
1st	Ashok kumar
2nd	Arjunan
3rd	Kamalesh

<b>Prize</b>	<b>Category 5 to 8 - Women</b>
1st	Jasmitha
2nd	Ragavilzhi
3rd	Mahalakshmi

<b>Prize</b>	<b>Category 9 to 13 - Men</b>
1st	Siva darshan
2nd	Arun
3rd	Rohit

<b>Prize</b>	<b>Category 9 to 13 - Women</b>
1st	Sri Vaishnavi
2nd	Pranitha
3rd	Anushya
3rd	Jeyalakshmi

<b>Prize</b>	<b>Category 14 to 18 - Men</b>
1st	Kannan
2nd	Nanthakumar
3rd	Madhan

<b>Prize</b>	<b>Category 14 to 18 - Women</b>
1st	Sangeetha
2nd	Sharmila
3rd	Iyswarya
4th	Ananya

<b>Prize</b>	<b>Category 19 to 21 - Men</b>
1st	Ajay
2nd	Dinesh
3rd	Suresh

<b>Prize</b>	<b>Category 19 to 21 - Women</b>
1st	Vijaya
2nd	Pavithra
3rd	Jansi

<b>Prize</b>	<b>Category 22 to 30 - Men</b>
1st	Selvam

2nd	Ramesh
3rd	Rajesh

<b>Prize</b>	<b>Category 22 to 30 - Women</b>
1st	Dharshini
2nd	Priya
3rd	Karthika